

Contract and safety rules for use of railbiking on Valdresbanen

Way of payment:		Date:
Nr. of tandem railbikes: (500 kr each)	Nr. adults:	Country:
Nr. of single railbikes: (400 kr each)	Nr. children:	

All participants must know the safety rules in this document and the guidelines in the instruction manual before railbiking.

1. Rail-tricycle track is between Dokka and Hov.
It is strictly forbidden to lift the railbike over the gap at the end of the line at Hov and continue towards Eina!
2. Helmets are mandatory for both driver(s) and passenger(s). Drivers must wear yellow vests.
3. Railbiking is strictly forbidden under intoxication (alcohol or drugs).
4. The wheels can cause crushing injury. Keep arms and legs away from the railbike wheels.
5. The maximum allowed speed is 10-12 km/h (jogging speed). Derailment at higher speed can result in serious injury or damage to the equipment. Whilst moving, stay seated facing forward. It is forbidden to stand up whilst moving.
6. Bridges, crossings, tunnels and river channels must be passed at walking speed. The busiest crossings where cars may come are signposted (Fluberg bridge and into Hov station): Driver and passenger(s) should dismount the railbike and push it over when crossing roads.
7. Crossing points on the rail must also be crossed on foot. The left wheel needs to be pushed or lifted over.
8. **Minimum** distance between railbikes should be **30 meters**. Serious back injury can occur if two railbikes collide and the railbikes may derail.
9. Use hand signals to communicate with other railbikes and between yourselves: **Arms out to the side = STOP! Waving arms up and down = I AM BRAKING!**
10. Watch out for stones, branches etc. on the tracks in front of you.
11. Do not use stones under the wheels as a brake. Lift the front wheels off the tracks or place a strong stick through the wheel. If you leave the railbike for a longer period, lift it off and away from the rails completely.
12. On downhill stretches keep control of your speed using the brakes. Minimum distance should be 30 to 50 meters. Keep an eye on the railbike in front of you at all times.

13. Always be prepared to stop if you meet a railbike coming the other way! When railbikes going in opposite directions meet, one of the railbikes must be lifted off the rails to one side while the other pass. Agree with the other group which to be lifted off and help each other.
14. Lighting fires on or near the rails is not allowed at any time. You must obtain permission from the land owner before camping *outside* the boundary fence. You must take *all* your rubbish/waste with you and disposed it at the end of lines in trash bins.
15. Fluberg station is a private residence – respect the privacy of the residents.
16. At Hov Station you may use the parking space, trash bins and the seating facilities next to the parking, as well as the toilet – which is cultural heritage listed – in the small yellow shed house.
17. The National Railway authority (Jernbaneverket/Bane NOR), ROM Eiendom and the rental place (Hov Station) have no liability in case of accident or injury or damage whilst using the railbikes.

DECLARATION

I confirm that all persons in my party have read/understood these safety rules and the instruction booklet for handling railbike.

SIGN: _____ Ph.no _____

Name in CAPITALS: _____

Name of other participants: _____

Issued:	Number	Re	Issued:	Number	Returned
Keys:			Reflective vests:		
Tricycle no:			Baskets:		
Seats:			First-aid kits:		
Helmets:			Luggage straps:		
Others:					

You are visiting a part of our cultural heritage; Don't remove old signs or objects etc.

EMERGENCY PH.NO.:

Fire: 110 – Police: 112 – Ambulance: 113

Hov Station: + 47 941 55 734 – AS Valdresbanen – www.valdresbanen.no